



THANKSGIVING

Family Gratitude Discussion

1. Who is someone you are grateful for that helped you with something recently?
2. Who is someone you see at the store on a consistent basis that is always kind?
3. What is a comfort food that makes you happy?
4. What is something you are grateful for about yourself?
5. What is a new skill you have learned?
6. Who is someone who may have been tough to deal with at first, but it got better?
7. What is something you are looking forward to in the next week or two?
8. What is something hard you had to go through and what you learned?
9. What is something beautiful in nature that you are grateful for?
10. What is something you did well or overcame this year?
11. What is something you saw someone else do that you'd like to try?
12. What is something you use every day that you might take for granted?
13. Who or what is something/someone that made you laugh recently?
14. What is a gift that you received and who gave it to you?
15. Who is someone who lives out your faith in a way that you admire?